

10 LITTLE HAWK RELAYS

AT ANKENY

05/07/09

OUTDOOR

*** FINAL SCORING ***

1. Mason City	128.00	5. Ankeny	69.00
2. Urbandale	85.00	6. Marshalltown	51.00
3. Valley	84.00	7. Roosevelt	45.00
4. Southeast Polk	76.00	8. Dowling Catholic	12.00

EVENT RESULTS

PUT	FINAL	110M HURDLES	FINAL	
Cameron Griffith	Ankeny	44'02.50*	1. Both	17.37
Justin Harre	Ankeny	43'08.00*	2. Zach Scott	17.81
Christian Rogers	Southeast Polk	41'11.00*	3. Grant Hoffman	18.02
Alex Coppess	Valley	40'01.00*	4. Jacob Boothroyd	18.37
Travis VanPelt	Roosevelt	38'08.50*	5. Cameron Lynch	18.67
Tanner Norman	Southeast Polk	38'04.00*	6. Matt Geren	18.75
JUMP	FINAL	1600 METER RUN	FINAL	
Conner Freeman	Urbandale	6'04.00*	1. Coty Thompson	4:37.42
Khar Kong	Marshalltown	6'02.00*	2. Drew Prescott	4:42.98
Jonthan Bednar	Valley	6'00.00*	3. Alex Coppess	4:58.29
Danny Larson	Mason City	5'08.00*	4. Zachary Fiepke	5:00.00
Brian Hersey	Valley	5'08.00*	5. Austin Watts	5:18.42
Mark Duncan	Marshalltown	5'08.00*	6. Dylan Lathrum	5:30.44
JUMP	FINAL	200 METER DASH	FINAL	
Fristo	Roosevelt	19'08.50*	1. Aaron Sanchez	23.89
Thomas Hawkins	Urbandale	18'10.50*	2. Mason Zimmerman	24.35
Tyler Kober	Mason City	18'10.50*	3. Tim Corrick	24.79
C Moore	Urbandale	18'07.00*	4. Brandon Ogden	24.86
Emmett Phillips	Valley	17'08.00*	5. Tyler Kober	24.87
Sam Carmony	Southeast Polk	17'06.00*	6. Brad Vannoy	24.98
RUS	FINAL	400 Hurdles	FINAL	
Dallas Hinkhouse	Valley	127'03.00*	1. Grant Hoffman	59.22
Christian Rogers	Southeast Polk	120'01.00*	2. Zach Scott	1:01.89
John Chonka	Valley	116'00.00*	3. Jacob Boothroyd	1:03.03
Garrett Funk	Urbandale	110'00.00*	4. Alex Courtney	1:04.45
Jake Earp	Ankeny	108'04.00*	5. Ryan Jensen	1:06.81
Price	Roosevelt	105'09.00*	6. Alex Holmes	1:06.84
METER RUN	FINAL	1600 Medley Relay	FINAL	
Logan Olson	Southeast Polk	10:40.72	1. Mason City	3:54.86
Gunnick	Valley	11:20.97	2. Ankeny	4:00.57
Aaron Sanchez, Bryant	Mason City	12:46.61	3. Roosevelt	4:06.99
Franks	Southeast Polk	13:05.32	4. Dowling Catholic	4:08.17
800 Relay	FINAL	5. Valley	4:11.59	
Ankeny	8:41.48	6. Southeast Polk	4:26.91	
Valley	8:42.61	800 METER RUN	FINAL	
Mason City	8:44.59	1. Khar Kong	2:00.82	
Marshalltown	9:22.35	2. Mason Walters	2:02.33	
Southeast Polk	9:45.14	3. Coty Thompson	2:05.35	
Little Hurdle Relay	FINAL	4. Bryant Sanchez	2:10.36	
Ankeny	1:06.27	5. Drew Prescott	2:10.62	
Southeast Polk	1:07.40	6. Kevin Kipkembol	2:12.27	
Mason City	1:08.14	4 x 100 Relay	FINAL	
Valley	1:09.17	1. Roosevelt	45.34	
METER DASH	FINAL	2. Mason City	45.98	
Conner Freeman	Urbandale	3. Southeast Polk	46.55	
Leachmon	Roosevelt	4. Urbandale	46.69	
Aaron Sanchez	Mason City	5. Dowling Catholic	48.12	
Trerotola	Roosevelt	6. Ankeny	50.12	
Joe Bredice	Ankeny	4 x 400 Relay	FINAL	
C Moore	Urbandale	1. Mason City	3:39.13	
METER DASH	FINAL	2. Southeast Polk	3:47.28	
Hayes	Ankeny	3. Valley	3:48.25	
Sam Skogen	Mason City	4. Urbandale	3:57.37	
Mason Walters	Urbandale	5. Marshalltown	4:08.41	
Eric Lathrop	Ankeny	200 Relay	FINAL	
Scott Campbell	Urbandale	Mason City	1:36.06	
Benjamin Carlson	Valley	Southeast Polk	1:37.22	
		Urbandale	1:38.21	
		Roosevelt	1:38.30	
		Dowling Catholic	1:40.48	

9 LITTLE HAWK RELAYS

AT ANKENY

05/07/09

OUTDOOR

*** FINAL SCORING ***

1. Ankeny	191.00	5. Valley	55.00
2. Southeast Polk	86.00	6. Mason City	51.00
3. Marshalltown	76.00	7. Urbandale	27.00
4. Dowling Catholic	56.00	8. Roosevelt	2.00

EVENT RESULTS

110M HURDLES			
PUT	FINAL		FINAL
T Donovan	Southeast Polk	41'00.00"	Ankeny 18.05
Palme	Dowling Catholic	39'07.00"	Ankeny 18.18
Hunter Donovan	Southeast Polk	37'04.50"	Marshalltown 19.42
Jack Cronin	Urbandale	36'05.00"	Mason City 20.42
Nick Jepsen	Urbandale	36'03.00"	Southeast Polk 20.53
Marshall Sharp	Valley	36'02.00"	Southeast Polk 21.11
1600 METER RUN			
JUMP	FINAL		FINAL
Elliott Crow	Mason City	5'08.00"	Ankeny 5:05.95
Brandel Wagener	Ankeny	5'06.00"	Mason City 5:06.37
Cody McCoy	Southeast Polk	5'06.00"	Ankeny 5:08.53
Jacob Klinker	Ankeny	5'06.00"	Mason City 5:11.99
Tommy Stapleton	Mason City	5'02.00"	Urbandale 5:13.03
Jay Liston	Dowling Catholic	4'10.00"	Southeast Polk 5:13.40
200 METER DASH			
JUMP	FINAL		FINAL
Nathan Jameson	Dowling Catholic	18'08.00"	Marshalltown 24.64
Ryan Wendt	Ankeny	18'03.50"	Ankeny 24.75
Logan Bredesky	Ankeny	18'03.00"	Marshalltown 24.79
Tim Mackey	Dowling Catholic	18'02.00"	Southeast Polk 24.81
TJ Overlin	Southeast Polk	17'01.00"	Ankeny 24.95
Z Little	Southeast Polk	17'00.00"	Dowling Catholic 25.42
400 Hurdles			
PUT	FINAL		FINAL
Palme	Dowling Catholic	114'03.00"	Ankeny 1:02.44
Palmitier	Ankeny	114'03.00"	Ankeny 1:03.13
Hunter Donovan	Southeast Polk	113'09.00"	Marshalltown 1:04.15
T Donovan	Southeast Polk	111'06.00"	Valley 1:06.91
Nick Jepsen	Urbandale	107'05.00"	Dowling Catholic 1:07.24
Schmitt	Dowling Catholic	105'02.00"	Mason City 1:09.01
1600 Medley Relay			
METER RUN	FINAL		FINAL
Bethrand Ndiholabwayo	Ankeny	11:00.15	Ankeny 4:02.82
Zach Wilson	Mason City	11:11.91	Southeast Polk 4:12.95
Jonathon Hutchinson	Valley	11:17.18	Valley 4:19.82
Zach Schuster	Ankeny	11:47.27	Mason City 4:20.88
Michael Foreman	Urbandale	11:52.22	Roosevelt 4:32.64
Matt Montgomery	Southeast Polk	11:58.34	Dowling Catholic 4:35.28
800 METER RUN			
800 Relay	FINAL		FINAL
Marshalltown		8:57.40	Urbandale 2:10.26
Ankeny		9:00.91	Marshalltown 2:15.92
Valley		9:24.42	Ankeny 2:16.64
Mason City		9:45.97	Valley 2:20.91
Dowling Catholic		10:06.30	Valley 2:22.01
Southeast Polk		10:09.42	Ankeny 2:23.91
4 x 100 Relay			
400 Hurdle Relay	FINAL		FINAL
Ankeny		1:08.00	Valley 46.80
Southeast Polk		1:15.51	Ankeny 47.39
			Ankeny 47.93
			Marshalltown 48.19
			Dowling Catholic 49.80
			Urbandale 50.73
4 x 400 Relay			
METER DASH	FINAL		FINAL
Brandon Ogden	Dowling Catholic	12.03	Ankeny 3:37.85
Jordan Dean	Marshalltown	12.04	Marshalltown 3:47.99
Ryan Wendt	Ankeny	12.05	Southeast Polk 3:48.27
Elijah Cherry	Valley	12.052	Valley 3:51.55
Alec Kilby	Southeast Polk	12.29	Mason City 4:07.38
Dakota Wood Brandon Crow	Mason City	12.31	Dowling Catholic 4:07.51
200 Relay			
METER DASH	FINAL		FINAL
Logan Bredesky	Ankeny	54.49	Marshalltown 1:37.14
joshua Ledbetter	Valley	54.80	Ankeny 1:38.25
Brandel Wagener	Ankeny	55.45	Southeast Polk 1:38.30
Grant Wierson	Urbandale	55.78	Dowling Catholic 1:44.11
Michael Pavon	Southeast Polk	56.99	Mason City 1:51.96
Josh Saltou	Mason City	57.86	